



The study of self concept among adolescence girl students.

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Abstract

The basic feature of human personality is self awareness. It has created positive angle towards our self. We see the world as a third person as like we see our self. The person tries to know himself that time he wants to know who I am. What are my qualities, interest, abilities and limitations?

Every person has his personal identity and also includes his habits, likes dislikes, emotions, aptitudes, abilities, nature, various interests etc. It helps him to identifies himself and evaluate that is called self concept.

Researcher used mixed method In each first is survey second is product research method and third is experiment research method.

Keyword: *Adolescence girls, physical self, social self, temperament self, educational self, moral self, intellectual self, self Concept, developed self concept and training program.*

Need

If self is developed of girl student then she can achieve her objectives and gives new meaning to her life.

A woman is a kind of person as like man. She has right of self enhance with her hidden power.

Those programs will arrange for improving self concept will be fruitful for self concept.

Women can make new generation and positive changes into society so her belief, honesty, boldness and efficiency should be improve.

Statement To study of self concept among adolescence girl students of vidyapratishtan's hostel, baramati and effectiveness of implementation training program for development the self concept.

Objectives

1. To find out self concept of adolescence girl students in the area of physical, social, moral, intellectual, educational and attitude.
2. To find out the updates development of self concept of adolescence girl students.

3. To create the training programs for development the self concept among undeveloped self concept of 11th standard girl students.
4. To check an effectiveness of development self concept with the help of pre-test and post-test among 11th standard girl students.

Assumption

1. The girl students have self concept.
2. We can develop self concept by efforts

Limitation

1. There is no special program arranged for related six factors of self concept.
2. In this research there are not considered effects of newspaper, radio, doordarshan and different personality programs between implantation training program for development the self concept.
3. In this research there are not considered family level, social level, economical level and urban rural areas of adolescence girl students.

Methodology

Type of Research Applied Research

Research Method Mixed Method

	Mixed Research Method
Product Method	Development of program.
Survey Method	To find out self concept in adolescence girl students.
Experimental Method	Effectiveness of development of self concept.

Design Experimentalgroup, and controlled group pre test post test design.

Variables

Independent variables – Training program.

Dependent variables -- Changes into development of self concept of girl students.

Attribute variable -- Age, test, number of girl students, biological variables, equal period, medium, arranges, internal validity and external validity.

Controlledvariable-- The period and time of training program.

Population 4003 girl students who take education in different collages in baramati city.

Sampling

1. **Sample for survey** – The sample is 10% of total population with purposive method of improbability type.

Standard	Arts	Science	Commerce	Total
11 th	70	65	20	155
12 th	56	43	33	132
FY	38	41	34	113
Total	150	169	81	400

2. **Sample for Experiments** -- The sample is 10% of total survey with decision method of improbability type.

Standard	Arts	Science	Commerce	Total
11 th	52	37	11	100

Research tools

Data collection tools	The standard test of self concept of Dr. R. k. Sarswat
	Opinionier is used for feedback by rector and girl students.
Statistical tools	Mean
	Percentage
	t test
	F test

**The standard test of self concept of Dr. R. k. Sarswat
Opinionier is used for feedback by rector and girl students.**

MeanM is calculated from pre test and post test.

't' Test 't' Test is used for testing the significant difference between mean of pre test and post test.

F TestF Test is used for testing the significant difference between physical self, social self, temperament self, educational self, moral self, intellectual self, self Concept,.

Analysis & interpretation of collected data

Analysis of qualitative data

Marks given according to marking skim to the pre test and post test. Marks given to the program with the help of standard test

Researcher conduct pre test before program implementation and after conduct post test and compare pre test post test each other.

Analysis of quantitative data

t Value

Sr. No.	Type of Self concept	DF	D=M1-M2	R	0.01	0.05	T Value
1	Physical self concept	99	10.54	0.67	2.63	1.98	40.49
2	Social self concept	99	11.08	0.57	2.63	1.98	35.74
3	Attitude self concept	99	10.79	0.56	2.63	1.98	32.27

4	Educational self concept	99	10.78	0.54	2.63	1.98	31.58
5	Moral self concept	99	11.57	0.53	2.63	1.98	34.86
6	Intellectual self concept	99	9.13	0.72	2.63	1.98	36.62
7	Total self concept	99	63.26	0.69	2.63	1.98	49.04

Observation and interpretation From the above table it is clear that calculated 't' values for the unit self concept.

Findings

- 1) Physical self concept – Researcher observed that 11th Standard Arts girl students have minimum developed the self concept. Other 11th, 12th Standard and first year girl students have average developed the self concept.
- 2) Social self concept -- Researcher observed that 11th Standard Arts girl students have minimum developed the self concept. Other 11th, 12th Standard and first year girl students have average developed the self concept.
- 3) Attitude self concept -- Researcher observed that 11th Standard Arts girl students have minimum developed the self concept.
- 4) Educational self concept -- Researcher observed that 11th Standard Arts girl students have minimum developed the self concept.
- 5) Moral self concept -- Researcher observed that 11th Standard Arts and 12th standard commerce girl students have minimum developed the self concept.

- 6) Intellectual self concept -- Researcher observed that most of girl students have average developed the self concept.
- 7) Total self concept -- Researcher observed that all 11th Standard girl students have minimum developed the self concept as compare 12th Standard and first year girl students. They have need the training program for develop self concept.
- 8) As per age self concept will be developing.
- 9) 11th standard girl students came from rural areas, so they have not proper guidance for develop self concept.
- 10) Self concept will develop by proper training program.

Conclusions

- 1) We can say that the training program is an effective after observing improvement into mean of post test.
- 2) Self concept will develop with proper intentionally arrange training program.

Educational implementation

1. if teacher should create proper and positive atmosphere for developing self concept then educational success. will be easy to achieved
- 2 .The program will be related to self concept then self concept will develop among girl students..
3. The lovely temperament increases self concept.
4. If teacher solves the problem of girls student curiously then it helps the developed self concept.

Selected References

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